

Amy Barrett Lindholm, MS, LPC
6274 SW Capitol Highway.
Portland, OR 97239

CLINICAL EXPERIENCE:

July 2010 – Dec 2013. Bereavement Coordinator, Kaiser Permanente, Portland, OR.
Co-managed Hospice bereavement program. Provided grief support for hospice families in individual and group settings. Authored bereavement support materials. Planned and conducted annual memorial services. Trained bereavement volunteers. Served as hospice volunteer coordinator.

Sept. 2008-Aug. 2009. Grief Support Group Coordinator, The Dougy Center, Portland, OR.
Facilitated bi-weekly teen grief group; coordinated and supported volunteers.

Sept 2004-Sept 2008. Freelance writer. Authored grief support guidebooks for children for The Dougy Center, Portland, OR.

Apr. 2002 – Sept. 2004. Mental Health Therapist, Kaiser Permanente, Beaverton, OR. Conducted individual, group and family therapy, specializing in children and adolescents and treatment of affective disorders using cognitive behavioral therapy (CBT).

Jan. 1999 – Apr. 2002. Coordinator of Children’s Grief Services, The Dougy Center, The National Center for Grieving Children and Families, Portland, OR. Coordinated grief support groups for children, adolescents, and families; trained and supervised volunteers in grief facilitation; conducted trainings and interventions for schools and community agencies; taught at international summer institute; wrote and edited grief support guidebooks.

Sept. 1996 – Dec. 1998. Child and Family Therapist, Oregon Health Sciences University (OHSU), Division of Child Psychiatry, Portland, OR. Conducted individual, group and family therapy, specializing in treatment of affective disorders using cognitive behavioral therapy (CBT).

Nov. 1997 - Nov. 1998. Child and Family Therapist, The Parry Center, Portland, OR.
Individual and family therapy, consultation, case management in an elementary school setting.

Sept. 1995 -Sept. 1996. Intern, OHSU, Division of Child Psychiatry, Mood Disorders Clinic and Pediatric Feeding Clinic, Portland, OR. Conducted individual and group therapy; assessed/treated Failure to Thrive infants and families with team of medical professionals.

Jan. - March 1996. Therapist, Kaiser Permanente Center for Health Research, Portland OR.
Co-led cognitive behavioral group for depressed teens for NIMH project on prevention and treatment of depression in adolescence.

EDUCATION:

M.S. Counseling Psychology, Lewis & Clark College, Portland, OR, G.P.A. 4.0, May 1996. Thesis title: Parent-daughter relationship correlates of high risk sexual behavior in adolescent girls

M.Phil. Anglo-Irish Literature, Trinity College, Dublin, IR, June 1990.
Thesis title: The use of masculine and feminine archetypes as a metaphor for violence in the early poetry of Seamus Heaney

B.A. English/Creative Writing, Stanford University, Palo Alto, CA, June 1988.
Oxford University, Oxford, England, September-March, 1986 -87.

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OTHER PROFESSIONAL EXPERIENCE:

1992 -1994. Education Correspondent, The Oregonian, Portland, OR. Researched, interviewed, wrote and published daily news stories and investigative features on educational and social issues.

1990 -1992. Senior Staff Political Writer, Connection Newspapers, Reston, VA. Conceptualized, wrote and published news stories on political and legislative issues in Fairfax County, VA.

1990. Intern Reporter, Roll Call Congressional newspaper, Washington, D.C.. Served as junior member of editorial team. Initiated and published human interest features on national politics.

RESEARCH EXPERIENCE:

1995 -1997. Research Assistant, Oregon Health Sciences University.

Conducted structured diagnostic interviews in paid position for NIMH-funded project on prevention and treatment of adolescent depression for Greg Clarke, Ph.D.

Jan. 1995 -June 1996. Master's Research, Lewis & Clark College. Proposed original project on parent-adolescent relationship correlates of high risk sexual behavior in adolescent girls. Conducted interviews, analyzed data, wrote and defended thesis. Presented poster at the Society For Research On Adolescence Seventh Biennial Meeting, Feb. 1998

PRESENTATIONS/TRAININGS:

Grief and Loss: Partial list of agencies, schools, hospitals and conferences includes Kaiser Permanente, Boys and Girls Aid society, Doernbecher Children's Hospital, Lewis and Clark College, 2000 Children's Grief Symposium, 2001 Oregon Children's Mental Health Conference.

Depression: Partial list includes American Foundation for Suicide Prevention NW Conference, Nov. 2000; Pacific University, April 1999; MacArthur Foundation Study on Prevention of Adolescent Depression, Louisville, KY, Sept. 1997; Oregon Medical Association Conference on Teen Health, Eugene, OR, Oct. 1998. Training Vitae available upon request.

PROFESSIONAL MEMBERSHIPS:

Licensed Professional Counselor, State of Oregon, License #C1517

The American Counseling Association

Northwest Association for Death Education and Bereavement Support

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